

The Bone Idle Book of Stew (Bone Idle Cook Books 1)



Effort-free cooking for the non-enthusiast. Put good fresh food on the table without stress but with flair and flavour. Designed for anyone who can put things in a pot and boil them, this is the ultimate lazy persons guide to making Traditional wholesome stews that take very little time to prepare and fit within the most frugal budget..

Revive your spirit. Restore your body. Discover your style.

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