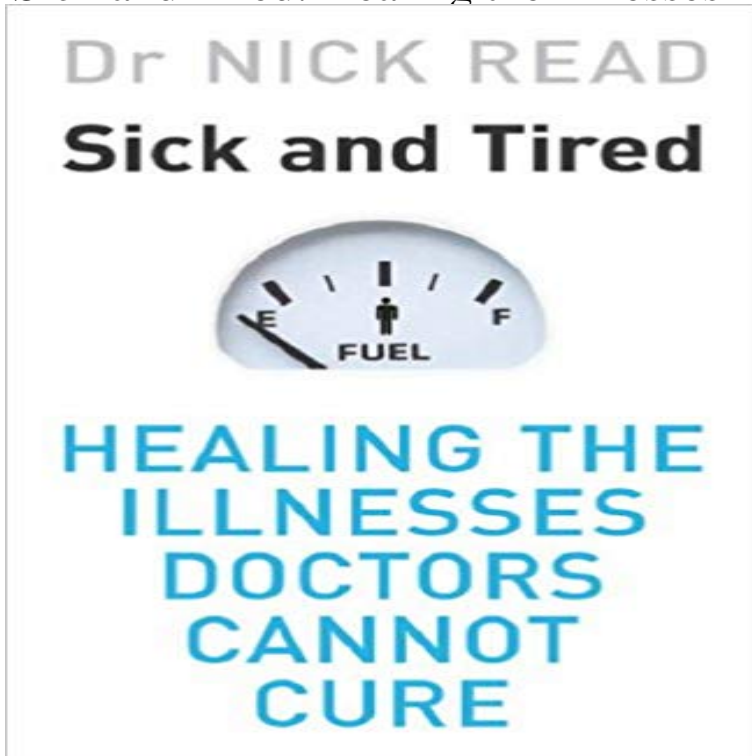


## Sick and Tired: Healing the Illnesses Doctors Cannot Cure



At the end of a century that has witnessed incredible technological advances, there is a vast increase in physical diseases that cannot be adequately diagnosed or treated. Recent years have seen an explosion of seemingly new conditions such as chronic fatigue syndrome, bulimia nervosa and post-traumatic stress disorder. In this fascinating book, Read explains how some people become physically ill in response to life changes such as unemployment, divorce, and violent crime, whereas others seem able to cope. What's more, he argues that treatment will be successful only if we understand these illnesses in the light of the patient's personality and experiences.

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