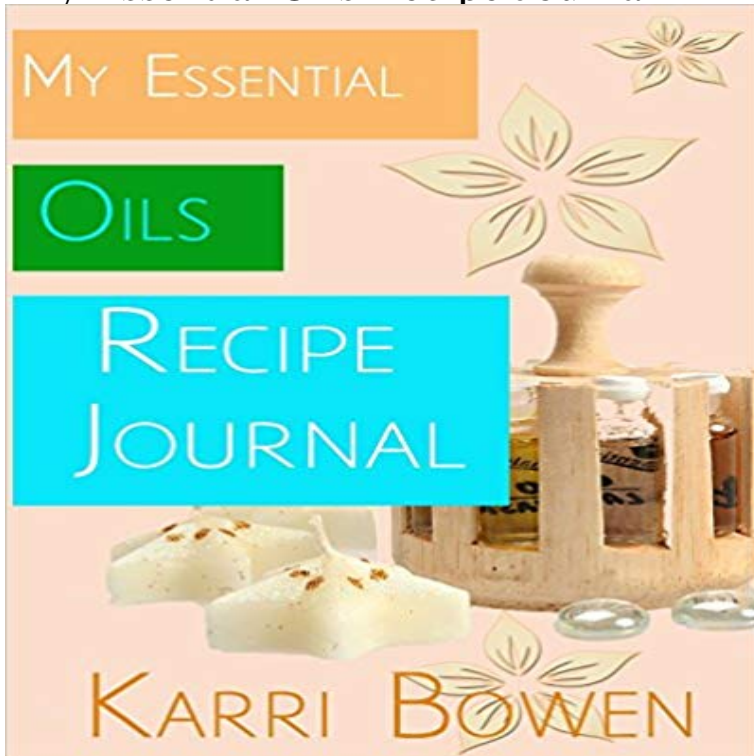


My Essential Oils Recipe Journal



This journal is a book of forms for someone to fill out. There are several different sections within this journal, including: -- A place to record essential oil purchases -- An area to record patch test results -- A recipes area to record your essential oil recipes -- A section to record recipes you would like to try someday -- Resource area to record specific websites, books and magazines you use frequently -- And finally an appendix with useful information every essential oil connoisseur should have at their fingertips when working with essential oils. * This journal, although a companion to the book, *Beginners Guide To Essential Oils* by Karri Bowen and Julietta Henssley, it does stand alone if you have another essential oils book you enjoy using more. If you are interested in purchasing the companion book, you can do so here: <https://www.createspace.com/4734083> or you can purchase *The Beginners Guide To Essential Oils & Aromatherapy* in digital format here: <http://amzn.com/B00HIEK9FW>

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