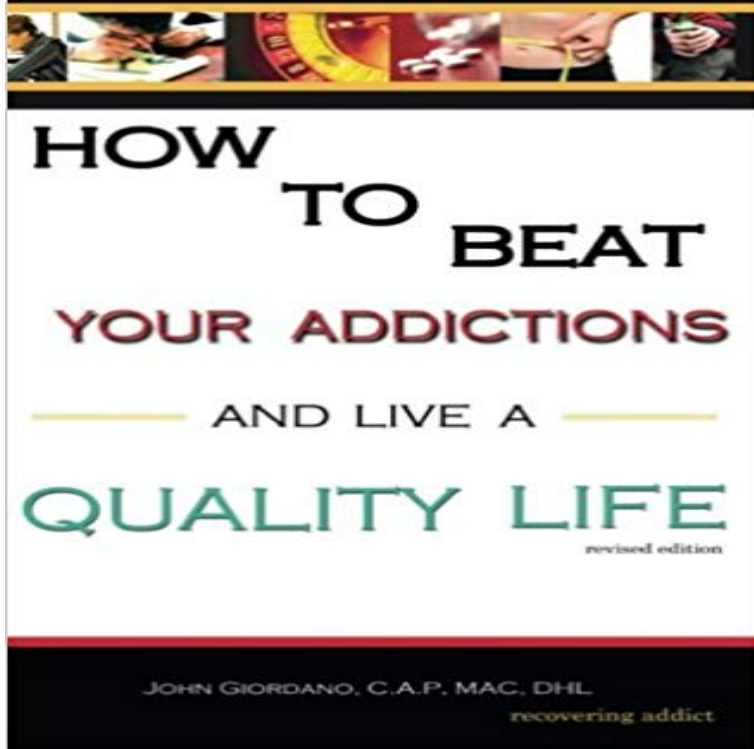


How to Beat Your Addictions and Live a Quality Life



John Giordano is a recovering addict and alcoholic with continuous abstinence since 1984. John watched his son almost die from a drug overdose and from that day on, he dedicated his life to find evidence-based treatments that will greatly improve treatment outcomes. Today, Mr. Giordano is in over 48 medical journals that include genetic testing and nutraceutical treatments for addictions that have showed great improvement for treatment outcomes. This book is not only for addicts, alcoholics, and mental health clients, but for all human beings who want to improve their quality of life through improving their mind, body and spirit. John started his own institute with a faculty of prominent scientists, authors, and researchers from all over the country. In addition to the institute, he also founded a 62 bed inpatient facility based on treatment approaches that have greatly improved treatment outcomes. John Giordano's classic book is brilliant, exciting thought provoking and it should be an easy read by the millions afflicted with a genetic predisposition to Addiction. Kenneth Blum, PhD Founder of the addiction gene Department of Psychiatric, University of Florida College of Medicine Every addict needs to read this book, it will definitely help them -Maurice Gibb of the Bee Gees John Giordano provides a simplified road map to recovery based on his personal and professional experiences. -Deborah C. Mash, Ph.D. Professor University of Miami, School of Medicine

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free from your food bliss here, as it usually results in decreased quality of life and an early exit. . and theyre not as cool as learning Kung Fu, but theyll certainly help you live longer. .. senseless eating at times, and then I snap out of it by not beating myself up. **When your partner is dealing with cannabis addiction - ncpic** Effects of your addiction may have

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