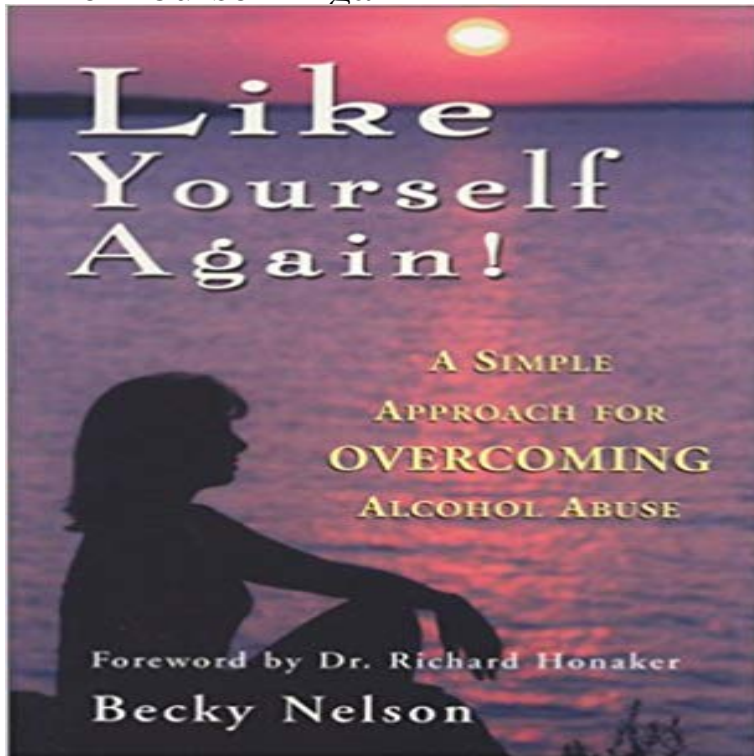


Like Yourself Again



This book is a simple approach for overcoming alcohol abuse. Written from personal experiences, Becky Nelson shows her readers how changing your habits will change your behavior and change your life. Endorsed by Dr. Richard Honaker and Dr. Ron Eubanks, this is a non-conventional way to overcome a very old problem.

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