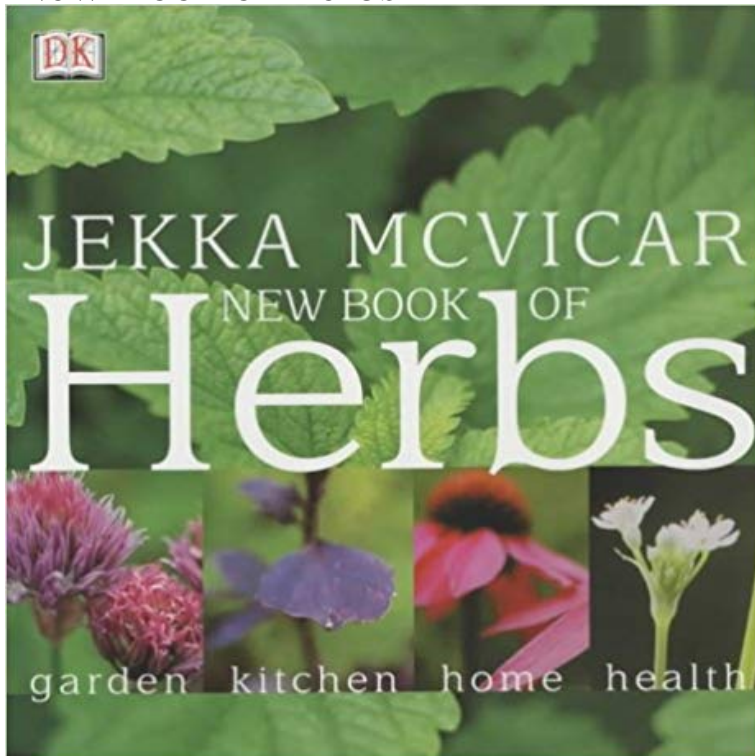


## New Book of Herbs



This book is divided into four sections; the A-Z top 100 herbs, Garden, Kitchen, Health and Home. The garden section features practical step-by-step cultivation techniques, the kitchen section features healthy, mouthwatering recipes, and the health and home section features herbal first aid kits and natural skin care creams.

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