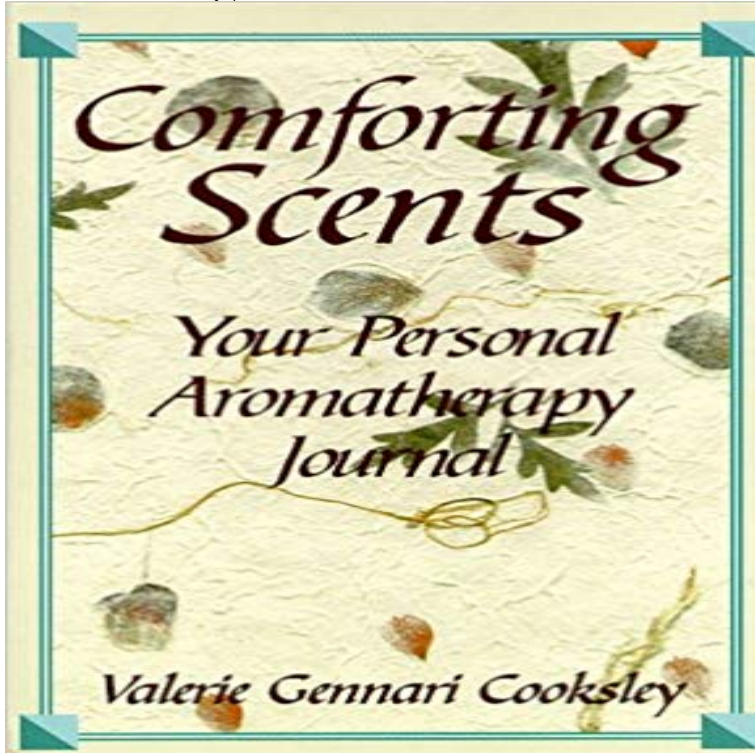


Comforting Scents: A Personal Aromatherapy Journal



This work aims to allow readers to express their innermost thought and dreams as they indulge in centuries-old scented pleasures of aromatherapy. It offers aromatic recipes, plus the origins and benefits of over 40 essential oils.

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