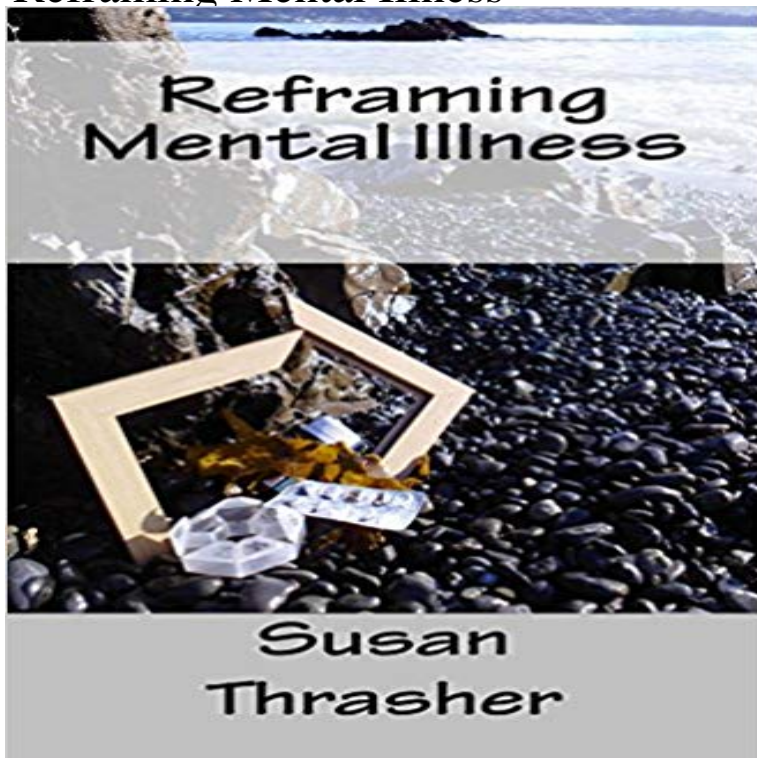


Reframing Mental Illness



Why do we choose to medicate ourselves with psychiatric drugs? Something like 20% of us do. Is it to feel better? To feel normal? To temper anxiety? To dash depression? Or to keep from bouncing between crushing lows and creative, exuberant highs? Banish those annoying voices? Sleep through the nightmares of our past? Or stop ourselves from doing whatever it is we are doing that is annoying the hell out of us and those we love? And how in the world did we develop the notion that a pill or potion could fix all these problems? Reframing Mental Illness tells the story of how we have come to believe in a biomedical, brain-chemical-gone-amuck origin for an ever-expanding cornucopia of psychiatric and psychological disorders. It then offers options for getting off the psychiatric drug merry-go-round by reframing our current cause/solution perspective through increased self-awareness and a variety of empowering alternative viewpoints, techniques, and mindwork exercises inspired by such sources as NLP, EFT, quantum physics, and energy work.

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Home Salon and Spa Services Employment Contact us

Feel free to make a reservation Open Mon -Thu: 9:00am – 6:00pm | Fri – Sat: 9:00am – 7:00pm

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Mental Illness - Kindle edition by Susan Thrasher. Health Sep 7, 2005 A recently concluded conference at Londons Institute of Psychiatry has been debating the classification and boundaries of mental illness and **Reframing mental illness Mind Hacks** Join us for an evening of stories, music, performance and science from the people who are reshaping how we think about mental illnesses. You will be moved **Myth: Reframing Mental Illness as a Brain Disease Reduces Stigma** Description: Mental illness has long been shrouded in secrecy and embarrassment in Minnesota and across the country. Find out what each of us can do to **Mental Tapas: Reframing Mental Illness Brain Week Rhode Island** One in four people experience a mental illness each year. Discover how people reframe perceptions of mental illnesses and the stigma associated with it. **Mental Tapas: Reframing Mental Illness.** Date: Tuesday, March 15, 2016 Cure Alliance for Mental Illness Time: 6:008:00 PM Place: Everett Theatre, 9 Duncan **Myth: reframing mental illness as a brain disease - SAGE Journals** May 27, 2014 Mental illness has long been shrouded in secrecy and embarrassment in Minnesota and across the country. Find out what each of us can do to