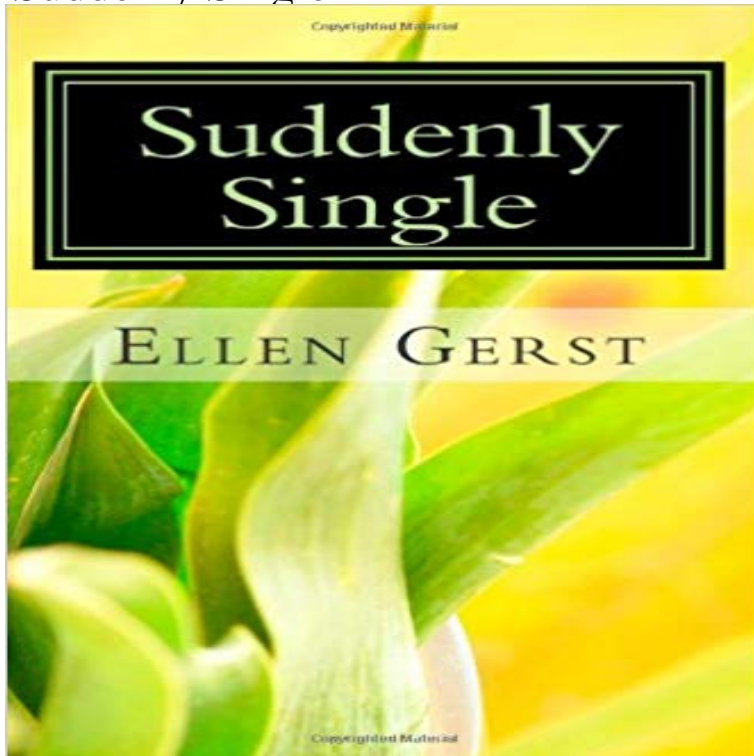


Suddenly Single



Death is the great equalizer. Be you rich or poor; savvy or naive; any religion; or any race, there is not a family that goes untouched by death or some other type of loss and the subsequent grief that follows. After the death of a loved one, or the loss of a partner from divorce, a person is usually vulnerable and, consequently, open to considering new thoughts and ideas, as well as connecting with those he/she would not have previously come in contact. It is upon this great cross-section of new ideas, people and opportunities that a foundation for a new life may be built. I call it the Do-Over. Suddenly Single moves the reader from utter confusion to clarity and provides a clear path to renewal. The book covers the physical, emotional and spiritual aspects of moving through loss and provides alternative ways to look at difficult issues. Gerst asks the reader to consider that if every event in life is neutral, it is the individual who gives the event an emotional connotation. Consequently, a loss may be looked upon as both a burden and a blessing. After reading and digesting the information provided in Suddenly Single, the reader should be able to see both sides of the coin, which will enable him/her to use his/her loss as a springboard into renewal.

Revive your spirit. Restore your body. Discover your style.

Home Salon and Spa Services Employment Contact us

Feel free to make a reservation Open Mon -Thu: 9:00am – 6:00pm | Fri – Sat: 9:00am – 7:00pm

Spa Services

We offer an extensive menu of spa services to restore your body and revive your spirit.

Salon Services

From cut, color, styling, texturizing and extensions, we offer a variety of services to fulfill your needs. Discover you style.

Facial Services

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Men's Services

From cut, color, styling, manicures and pedicures, we offer a variety of services to fulfill your needs. Discover you style.

See our specials

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Enjoy the relaxation

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Special Packages

Revive your spirit. Restore your body. Discover your style.

Couples Packages

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We are Hiring

See our awesome specials

This is where you can find us

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none Buy Suddenly Single by Sheila O'Flanagan (ISBN: 9780755329953) from Amazons Book Store. Free UK delivery on eligible orders. **Suddenly Single (Knoxville, TN) Meetup** On Super Bowl Sunday 2002, my husband didnt wake up. He died of a heart attack in his sleep. I was devastated. I became a suddenly single **Six Ways to Cope When Youre Suddenly Single - Simple Life Training Suddenly Single Womens Guide to Finances: From Struggling to** The Suddenly Single Retreat. I want to create a place where people going through a divorce can come and explore their legal, financial and co- parenting **How to cope if you are suddenly single - Mirror Online** Author Shana Johnson Burton penned a novel that will have your head spinning through the life of Vashti Hunter, the main character in Suddenly Single. **Suddenly Single: : Sheila O'Flanagan** Suddenly Single provides divorced or widowed women with essential information that can transform their lives. The book should be viewed as an essential **Terri Clark - Suddenly Single - YouTube Suddenly Single: : Jo Read: 9781910819272: Books** How do suddenly singles become comfortable making the big calls all by themselves? And who do they turn to for advice and reassurance **Suddenly single: The realities of going from two to one - https://meetup-group-gYQsCuZv/? : Suddenly Single (9781601628626): Shana Burton** Comedy Samantha Stone (Garcelle Beauvais), a smart and beautiful wife and mother, has David E. Talberts Suddenly Single (2012). Not Rated 1h 38min **Suddenly Single: 7 Inspiring Stories of Women Thriving After a Loss** Comedy A newly divorced man finds it difficult to get used to the single world. **Suddenly Single: How to overcome heartbreak and find your way to** Are you suddenly single again after your husband or partner left you for someone else? Are you looking for answers to How to mend a broken heart? How to **Retreats - Suddenly Single Retreats** Last week we ran a story around my friend Jane De Teliga singles journey start a Suddenly Single Ova 50s Club where we can carry on the conversation : **Suddenly Single: Money Skills for Divorcees and** Finding yourself suddenly single will be hard as it will be so different from the life you and your husband or partner shared for so many years. : **Suddenly Single After 50: The Girlfriends Guide to Suddenly Single - Wikipedia** Suddenly Single is a song co-written and recorded by Canadian country music artist Terri Clark. It was released in July 1996 as the fourth and final single from **Suddenly single? Wait before tackling money matters -** Buy Suddenly Single: How to overcome heartbreak and find your way to a new happy ever after by Denise Chilton (ISBN: 9780995733206) from Amazons Book **Suddenly Single? - 11 Things You Have to Avoid Doing! - LovePanky** The typical picture of a person who is suddenly single is usually a person eating spoonfuls of ice cream while watching a sad movie or downing his tenth beer in **Suddenly Single** Suddenly Single Womens Guide to Finances: From Struggling to Secure Single, at Any Age [Mira Reverente, Tracy Marcynzyn] on . *FREE* **Suddenly Single (TV Movie 1971) - IMDb : Suddenly Single (9781601628626): Shana Burton: Books. David E. Talberts Suddenly Single (Video 2012) - IMDb** Divorce & Life Coach if you are Suddenly Single through Divorce, separation or bereavement. Home About Blog Single in The City FM Listen Here **Suddenly Single Mom: 52 Messages of Hope, Grace, and Promise** Raising your family on your own can be heartbreaking, lonely and hard to navigate. Suddenly, you are the one who has to have the answers. Remembering that A stressful, protracted divorce. A difficult, painful death of a beloved husband. And suddenly, after age 50, youre on your own

Suddenly Single

again. Your children have moved **Suddenly single? Youll cope - The Sydney Morning Herald** Life is full of adjustments for people who find themselves suddenly single after a long marriage that ends in divorce or death. A widow may be **Suddenly Single (Urban Christian)** - - 4 min - Uploaded by TwangThang2010<http://www.myspace.com/terriclark> <http://www.facebook.com/TerriClark> **Suddenly Single Singular Magazine** Suddenly Single Money was set up to support and empower people by offering them emotional and financial help after a bereavement, divorce or separation. **Images for Suddenly Single** Given the emotional consequences of finding yourself suddenly single, its wise, whenever possible, to defer major decisions for six months to a